

People choose how to express their spiritual beliefs.

Information Gathering

Use the following questions as a guide for gathering information

Conversation with the Person

Suggested Questions for the Person:

- ◆ How important are your spiritual beliefs to you?
- ◆ Are your spiritual beliefs something you wish to express?
- ◆ How do you express your spiritual beliefs (i.e. alone, with others, traditional and non-traditional rituals, etc.)?
- ◆ What is your faith preference?
- ◆ Do you know about different churches, faith communities, etc. to be involved with?
- ◆ What assistance do you need (if any) to express your faith? Spiritual beliefs?
- ◆ Is there any other information about faith or spirituality that you would like to explore?
- ◆ Do you get enough opportunities to express your spiritual beliefs and/or faith?

Follow-up Questions

Suggested Questions for Those Who Know the Person Best:

Questions about this Outcome for the Person

- ◆ What is the person's spiritual preference?
- ◆ Does the person express his/her spirituality? If yes, how is it expressed? If no, why not?
- ◆ What assistance (if any) does the person need to express his/her spirituality?
- ◆ Are you aware of any other information about faith or spirituality that the person would like to explore?
- ◆ Does the person have enough opportunities to express their spiritual beliefs and/or faith?

Questions about Individualized Supports

- ◆ How do you learn about the person's spiritual preferences?
- ◆ What supports does the person need to learn about various religious or spiritual options if desired?
- ◆ Have those supports been provided?
- ◆ What supports does the person need to express his/her faith and/or spiritual beliefs?
- ◆ Have those supports been provided?
- ◆ Are there any barriers that affect the outcome for the person?
- ◆ What organizational practices, values, and activities support this outcome for the person?

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Personal Outcome Decision Making

Based on the information gathered from meeting and talking with the person, follow up meetings with others who know the person best, observations and documentation checks, if needed, you will be able to answer the following questions about the presence of the outcome for the person and the presence of individualized organizational supports:

Personal Outcome Questions

1. What is the person's preference regarding spiritual expression and/or faith
2. Does the person express his/her spirituality and/or faith?
3. Is the type and frequency of spiritual expression satisfactory to the person?
4. If the answers to #2 and 3 are yes, the outcome is present.
5. If the person does not express his/her spirituality and/or faith, is this due to personal choice?
6. If this is based on personal choice, the outcome is present.

Individualized Support Questions

- ◆ Does the organization know about the person's spiritual preferences?
- ◆ Are there ongoing efforts to solicit information or learn about the person's spiritual preference?
- ◆ Are supports provided to assist the person in learning about various religious or spiritual options if desired?
- ◆ Are supports provided to assist the person with expressing their spiritual preferences?

Based on the answers to these questions, are there individualized supports in place that facilitate this outcome?

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